

ProTrainings, An Industry Body for First Aid Training, hereby certifies that CHRISTOPHER LLEWELLYN

has successfully completed Martial Arts First Aid Level 2 (VTQ) Training

This certification includes the following objectives and is in accordance with the ProTrainings Martial Arts First Aid Level 2 (VTQ) curriculum, ERC/UK Resuscitation Council 2015 guidelines and delivered in Accordance with Currently Accepted First Aid Practice

- Initial Assessment
- Recovery Position
- Heart Attacks and CPR
- Choking & Breathing
- Existing Conditions
- General fitness
- Spinal injury

- Injuries and Illnesses

- Martial Arts Requirements
- Cuts, Eye, Head Injury
- Reporting and Risk Reduction
- Strains, Sprains & Breaks
- Epilepsy and Seizures
 Allergic Reactions
- Allergic Reaction

Date Issued: 26 Feb 2019

Renewal Date: 25 Feb 2022

Certificate Number: 155100187097522

Instructor: KEITH SLEIGHTHOLM

IS0 45001 : 2018 QMS

REGISTERED

QMS

ISO 9001 : 2015

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Certificate No:313202019

IS0

27001 : 2013

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